

# *You can DANCE*

*"And Have the Time of your Life"*

*"Enjoy the many Benefits of Modern Square Dancing"*

- Boost Memory
- Improve Flexibility
- Reduce Stress
- Increase Energy
- Make New Friends
- Inexpensive (\$5/night, + Membership Fee)
- Dancing keeps You Young
- For Couples and Singles
- Dress Code: Casual
- Have Fun & Keep Fit

**TRY Something NEW!**  
**Dancing is a WALKING STEP**  
**'Taught by Professional Caller'**  
**NO Experience**  
**NO Partner Needed**

At St. Mary Magdalene Church, 3 St. Vital Road, Wpg.

**Open House: Monday, September 11, 2023 @ 7:00PM**

**Accepting New Dancers Every Monday from Sept 11 to Sept 25.**

Your First two dances are FREE

Contact: Pam @ 204-914-9209

Record Details with a cellular photo:

